

GREEN HANDS BURGOS

in Ábrego Association

INDIVIDUAL VOLUNTEERING

FROM FEBRUARY 2025 FOR 12 MONTHS

Burgos, Spain



GENERAL INFORMATION

WHEN

From February 2025 for 12 months

WHERE

Burgos, Spain

HOST ORGANISATION

Ábrego Association

WHO

1 volunteer 18-30 years old resident in EU member countries or Ukraine

APPLICATIONS DEADLINE

10th December 2025

THE PROJECT

The "Green Hands Burgos" project arrives to its 5th edition, hosting two volunteers in Ábrego Association and two volunteers in Huerteco Association. The main objective of "Green Hands Burgos" is to promote environmental education as well as to encourage rural development, through the activities that will be developed in the different organisations and through the activities focused on sustainable development and environmental protection issues. Furthermore, the project will represent an opportunity for intercultural learning for the volunteers and entities involved, who will participate in the project to promote cooperation and solidarity, responding, as it did in the first edition of the project, to the programmatic strategy of the European Solidarity Corps, designed precisely to promote cohesion, solidarity, democracy and the active participation of young Europeans.

The main mission of the Ábrego Association is to make Burgos citizens aware of the need to get involved in order to generate changes that improve and enrich people's lives. The association's main objective is rural development as a response to the global, and for this reason, it creates courses, spaces and meeting points in the rural world.

ÁBREGO ASSOCIATION

WHO WE ARE



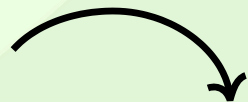
We are a non-profit association based in Burgos, which was created to work for the **repopulation of rural areas** through projects, activities and events, to economically, socially and culturally revitalise the rural environment and its relationship with the urban environment.

We strengthen and promote **connections between rural villages and cities**. We aim to connect projects and organizations, building a stronger network to improve living conditions in rural areas.

We fight for **social justice** and **environmental sustainability**.

We are committed to the creation of networks and horizontal work as tools to promote the repopulation and nurturing of our villages.

WHAT WE DO



- **Training and development in rural areas:** Promoting employment, knowledge, and the preservation of rural traditions.
- **Food sovereignty in the territory:** Supporting local, sustainable food production and consumption.



- **Food Forest Project:** Practical development of the Food Forest in Rucandio (Burgos) to create a gathering space for the village and at the same time a learning site.

- **Social inclusion in rural areas:** Ensuring equal opportunities for all in rural communities.
- **Culture in the territory:** Empowering communities through accessible, participatory cultural programs.
- **Education & Environmental Action:** Protecting and restoring our territory while fostering respect for nature.



MAIN ACTIVITIES

Volunteers will take part in the organization's activities, explore Ábrego network projects in the province, and receive ongoing support from association members.

The main activities in which the volunteers will be involved are the following:

- Assistance and support in the implementation of activities proposed by the organisation during the year;
- Design and lead workshops and activities aligned with the volunteer's interests and skills, based on the association's themes, which can be developed in different locations (Ábrego office, in schools, civic centres and in the villages of the province);
- Visits to projects of the Ábrego network and possibility to cooperate with them;
- Support in the development of the Food Forest project;
- Support in the communication and dissemination of the association's activities (content creation for the social network and web page);
- Drafting of the association's annual memoir, collecting and summarising the activities carried out.

All new proposals and ideas are welcome!

VOLUNTEERS PROFILE

- Available for the whole duration of the project; 18-30 years old;
- Resident in EU member countries or Ukraine;
- With at least a basic knowledge of Spanish;
- Motivation to participate in the project and specific activities;
- Interest in the activities planned within the host organization;
- Flexibility, creativity, patience, open-mindedness, team-work;
- Interest and willingness to face the intercultural experience proposed by the project and its challenges;
- Interested in environmental and rural topics;
- A driving license is welcome but not necessary;
- Background knowledge in sociology, natural science, pedagogy is welcome but not necessary;
- Proactive and positive attitude.

ACCOMMODATION AND FINANCIAL SUPPORT

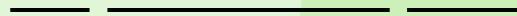
The volunteers will live in a shared flat in Burgos. In the flat will live the volunteers from Ábrego Association and two volunteers from another project always coordinated by Asociación Brújula Intercultural. The flat consists of a kitchen, toilet, living room and 3 bedrooms. Volunteers will have double or single rooms available and usually rotate between them during the year, so that everyone can have a single room for a period of time.

All maintenance costs of the house are covered by Brújula Intercultural (project coordinator). The coordinator will also provide an amount (established from the ESC program) for the maintenance and pocket money (6 euros per day) that will be provided monthly. Travel expenses will be reimbursed on the basis established by the European Commission.

HOW TO APPLY

You need to complete **[THIS ONLINE FORM](#)** in English, attaching your CV. Only shortlisted people will be contacted for an online interview.

Infos and questions: sve@asociacionbrujula.es



To know more about Ábrego: www.abrego.info