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Sdrujenje
NADEJDA-CRD

Call for Participants Act it Out!

Erasmus + Grant Agreement: 2026-1-HU01-KA151-YOU000389146

Venue: Debrecen, Hungary

Dates: 20th - 29th September 2026 (travel days: 20th and 29th)

Topic: Empowering youth workers to use theatre of the oppressed methods (image, forum and newspaper theatre) for social change

Total number of participants: 30 + 2 facilitators

Working language: English

Target group: youth workers, volunteers of youth organisations, age: 18+ residents of the following countries: Bulgaria, Germany, Greece, Romania, Spain, Türkiye and Hungary.

Project Description:

Theatre of the Oppressed is a collective rehearsal for reality. The main idea of this methodology is to make people experience and understand how a change of an attitude, behaviour or thinking pattern can have a powerful significant effect on their life as well as lives of people around them.

Forum and Image Theatre methods are highly adaptable to the needs of different communities, with a large capacity to **cover all kind of the social issues**: human rights problems, power abuse and oppression in different ways, lack of activism, discrimination, exclusion, poverty, marginalization, xenophobia, etc. and through a creative approach provides a space for people to reflect, find solutions to these topics and transfer the solutions in their lives.

Theatre of the Oppressed even if is a very efficient methodology for handling social problems is not enough known and applied. This project is an answer to the needs of various youth organizations that need alternative methods for improving the situation of their target groups.

The main goal of the project is to increase the capacity of youth work sector to raise the participation and involvement of young people in social processes and change, to support the inclusion of marginalized groups in the local communities;

More specific Objectives of the project are:

- To introduce innovative methodologies in youth work field;
- To raise the capacity of partner organizations to operate at European level and in international mobility projects;
- To stimulate the exchange of best practices in youth work field;
- To increase the quality of the youth organization projects;
- To develop and improve skills in non-formal education in general, and in particular in Theatre of the Oppressed methods for youth workers from Europe;
- To develop a network of Forum Theatre multipliers in various regions of Europe;
- to improve project management, communication, team leading and motivations skills for youth workers.

- To increase the level of active participation of the local communities and different target groups of each partner

The participants will get to know the methods of the Theatre of the Oppressed (mostly Image Theatre, Forum Theatre and Newspaper Theatre) and will learn how to use them in their respective communities to initiate social change and help the inclusion of vulnerable groups of youngsters.

Please do not buy any tickets before the approval of your participation.

The participants will have to reach Debrecen (reaching Budapest and taking a direct train that comes every hour to Debrecen)

Financing: The food and accommodation will be covered by the Hungarian organisers with the co-financing of the Erasmus+ Programme. There will be 3 meals (breakfast, lunch, dinner) and 2 coffee breaks provided each working day. The accommodation is offering rooms with 2 and 3 beds. The participants will be sharing rooms with participants of the same gender. All rooms have private bathrooms. International travel cost will be reimbursed based on the distance calculator and distance band from the starting point of the travel to Debrecen and back to home.

Country	Standard Travel	Green Travel	Number of pax
Spain (Burgos)	395 EUR	535 EUR	4 pax + 1 trainer
Germany	309 EUR	417 EUR	5 pax
Greece	309 EUR	417 EUR	5 pax
Bulgaria	309 EUR	417 EUR	3 pax
Türkiye	395 EUR	535 EUR	5 pax
Romania	28 EUR	56 EUR	5 pax
Hungary (Debrecen)	0 EUR	-	3 pax + 1 trainer

Travel costs will be reimbursed right after the training course following the submission of original travel documents. It is possible to arrive to Hungary a couple of days earlier or leave Hungary a couple of days after the project dates, these travel tickets can still be reimbursed, however the accommodation and meals are not covered for these extra days.

Accommodation:

During the training we will stay at Debrecen Belvárosi Panzió <https://www.belvarosipanzio.hu/>
The accommodation is offering rooms with 2 and 3 beds. The participants will be sharing rooms with participants of the same gender. All rooms have private bathrooms. The accommodation is located in the center of the town, so most of the sights and cool places are all around.

Meals and training room:

All the meals will be provided at the training location. The training room is also here. It is on the premises of the Alternative Communities Association (AKE) that is running the Malter café locally. Location: 4029 Debrecen, Baross Gábor u 16. It is 20 minutes walking from the accommodation.

General working days for this training (a detailed program will be sent to the selected participants after assessing the participants' learning needs):

8:30 – 9:30	Breakfast at the training premises (AKE)
9:30 – 13:00	Morning sessions (with 30 minutes break)
13:00 – 15:00	Lunch Break (AKE)
15:00 – 18:30	Afternoon sessions (with 30 minutes break)
18:30 – 19:00	Reflection groups
19:00 – 20:00	Dinner (AKE)
After 20:00	Free time/ intercultural evening/ community time, open space for sharing & networking

There will be a free afternoon (probably on Friday, 25th September). At the training locations we will try to use the facilities and behave as sustainable as possible!

[APPLY HERE \(click\)](#) till 31st August 2026 the latest

Partner contacts/ Emergency:

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